



## About Duke Hospice Bereavement Services

Grief is a natural process of incorporating loss into our lives in a meaningful way. Grief is about remembering, not forgetting. Grief is a healing process.

Duke Hospice Bereavement Services (DHBS) makes possible a safe and healing grieving process for people of all ages who are adjusting to a loss due to death.

Duke HomeCare & Hospice is accredited by the Joint Commission. This accreditation is given only to organizations that have demonstrated that they meet the highest standards in their field.



**DukeMedicine**

### Duke Hospice Bereavement Services

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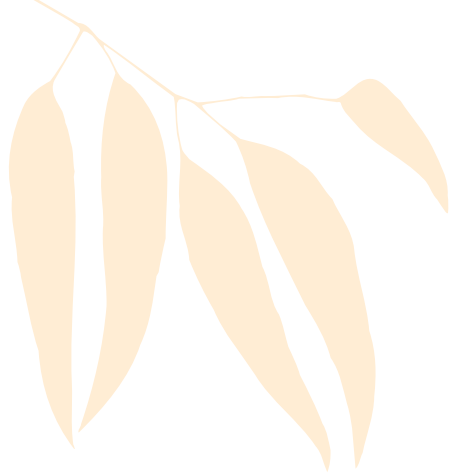
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**DUKE HOSPICE  
BEREAVEMENT SERVICES**



**Duke HomeCare & Hospice**





Here you will find the space to touch the center of your sorrow. Here you will find the freedom to reconnect with yourself and the world around you.

### Grief Counseling

Duke Hospice Bereavement Services (DHBS) offers short-term professional grief counseling to help survivors cope with the impact of grief in their lives and enable them to discover their own inner resources and support networks as they deal with loss.

Foreign language translation services for grief counseling can be arranged. Appointments are required.

### Support Groups

Our support groups provide education, comfort, and strength. Several types of support groups exist, including loss-specific groups such as loss of a child, Lifeline (loss by suicide), loss by homicide, and groups in school.

Survivors participate in one group at a time, and may attend multiple groups for up to a year. Once a support group begins, the same members attend all sessions, without new members joining. Registration is required for support groups.

### Crisis Counseling Services

Sudden, powerful events such as suicide, homicide, or accidental death of a work colleague or school friend are called critical incidents. DHBS offers supportive and effective interventions for individuals and organizations that have been affected by the trauma of a critical incident.

### Service of Remembrance

Twice a year, in the fall and spring, DHBS holds a memorial service in the lovely Carver Gardens behind the Unicorn Bereavement Center in Hillsborough. The services are open to the community and honor the lives and memories of loved ones. No registration is required to attend.

### Camp ReLEAF

Camp ReLEAF is an overnight camp for kids from kindergarten through eighth grade who have experienced a loss due to death. The camp provides a safe place for children to express and deal with their grief. The camp is staffed by trained volunteers and DHBS staff members.

### Presentations and Professional Development

DHBS provides customized training on grief and trauma to corporations, schools, mental health practitioners, crisis-intervention teams, and health care professionals. In addition, educational, interactive presentations are offered for civic groups, churches, and volunteer organizations for a designated contribution.



Unicorn Bereavement Center

The staff of DHBS are highly trained professionals who specialize in grief and trauma. They are assisted by volunteers who have been trained in bereavement support group facilitation.

Our professional, compassionate bereavement care is available to all community members regardless of ability to pay.

DHBS offers a variety of programs at locations throughout the Triangle, including the Unicorn Bereavement Center—a beautiful, historic farmhouse on 11 tranquil acres in Hillsborough.

### Donations and Memorials

Donations and memorials from individuals and organizations as well as corporate grants provide the primary funding for DHBS. All support is deeply appreciated.

