Please join us for a summer evening at the movies. We will be showing *The Bucket List*, directed by Rob Reiner, starring Morgan Freeman and Jack Nicholson. *The Bucket List* is a comedy/drama about a corporate billionaire (Jack Nicholson) and working class mechanic (Morgan Freeman) who have nothing in common except for their terminal illnesses. While sharing a hospital room, they decide to leave it and do all the things they have ever wanted to do before they die. In the process, they heal each other, become unlikely friends, and ultimately find the joy in life. Popcorn and sodas, of course! **Thursday, August 20th, 6:00 p.m.** at the Durham office. If all you **Raleigh movie lovers** will give her a call, Carolyn will set up a show time in the Capital City. Come early, stay late. Chat, network, and snack. Please RSVP to Carolyn.

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An exceedingly fine [NYTimes article on hospice care](http://www.nytimes.com/2009/07/09/health/09sisters.html?_r=1&emc=eta1) has come our way. A teaching order of Roman Catholic nuns has literally been dying out and they are taking end of life care as their new ministry. See how a group of dying women live out their days attended by their sisters with hospice hearts.

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This is the time of year for **annual volunteer evaluations and ride-alongs**. If you are currently serving a patient and have not already met with Carolyn, please give her a call to arrange to share your quality bonding time.

We are having another monster **Packet Assembly Work Day** at the Durham office on **Saturday, August 15 from 9 a.m. to noon**. We are again making up packets agency-wide and will need a great deal of help that day. If you know anyone who is interested in helping (students age 14 and older are welcome), please give Carolyn a call.

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Sometimes keeping the patient’s extended circle of family and friends updated becomes a chore in itself. Keeping correct information in the hands of people who care is a touch and go game. People often don’t want to impose by asking, but if they knew the facts they’d be better able to help with emotional and practical support. There’s now a way to communicate at a slight remove—helping keep people informed without making the same phone call or writing the same e-mail over and over again: **CarePages**. CarePages is a free, secure, online information networking program where families can set up a status page to share information and photos. Visitors to the page can send messages of encouragement, and families can join discussion forums with people sharing similar experiences. More information is available at carepages.com/dukehealth. Families or patients who need help setting up this service can contact April Perry or Carol Ann Mullis at DHCH (919) 620-3853. We are getting great feedback on this program from our families who have tried it.

The time has come! On August 13 we will convert to our **new phone system at the Durham office**. All DHCH staff based at the Durham office will now have a direct dial number. The main number 919-620-3853 (620-DUKE) remains the same, but **Carolyn has a new number 919-479-0385**. The phone numbers for Hock Family Pavilion (919-613-4663), Hospice at the Meadowlands (919-644-0764), and Unicorn Bereavement Center (919-644-6869) remain the same.
Of all the many projects our volunteers have taken on, the Care Shawl Project has grown legs and started to gallop. The most beautiful, colorful, soft and cuddly shawls in all sorts of patterns and shapes come in from hospice friends old and new. Some of these friends are in the following groups:

- St. James United Methodist Church
- Chapel Hill Bible Church (host of the Care Shawl Project meetings)
- Clicking for a Cause of Eno River Unitarian Universalist Fellowship
- Heaven’s Heart Mission Circle of Macedonia Baptist Church
- Hope Valley Baptist Church
- Christ the King Moravian Church
- Holy Infant Catholic Church
- Our Savior Lutheran Church
- Tar Heel Crocheters
- Parkwood United Methodist Church
- Aldersgate United Methodist Church
- Christus Victor Lutheran Church (quilts & blankets)
- TOO MANY INDIVIDUALS TO NAME

This list is not comprehensive because some shawls are dropped anonymously at the front desk or at the inpatient facilities. But please know that all of the shawls are treasured by the patients and families that receive them. They bring comfort—physical and psychological—to the recipients who understand that they are thought about, cared for, and held close by people in the community they will never meet. Thank you, Thank you!!!

Carolyn will be conducting another patient/family support volunteer training during the daytime for 6 weeks starting in September. If you know anyone who would make a compassionate listener for someone on hospice service, please have them contact Carolyn for more information. Or, if you’re a current volunteer and would like to refresh your skills, please feel free to attend any or all of the sessions. Contact Carolyn for days and times.

We are indeed fortunate that Mitzi Quint will be assisting the Duke Hospice patient/family support volunteer program half time for the next few months. Mitzi will be supporting volunteers assigned to home team patients and will be coordinating patient/family volunteer requests and making assignments. She will be available for volunteer duties on Mondays and Wednesdays all day, and Friday mornings. Urgent needs at other times should be addressed with Carolyn. As Supervisor of Volunteer Services, Carolyn will continue to be a resource to staff and volunteers and will remain responsible for coordinating volunteers assigned to our PARTners and Granville teams. She will continue to handle all At A Moment’s Notice volunteer requests as well as all volunteers working at Meadowlands and Hock Family Pavilion and everything else related to the DHCH volunteer program. Please call Carolyn if you have any questions or concerns about volunteer support.

A RESOURCE FOR YOU . . . Continuing Education for August: Book Notes on You Only Die Once: Preparing for the End of Life with Grace and Gusto by Margie Jenkins.

For more information contact:
Carolyn Colsher, DHCH Volunteer Services Supervisor
(919) 479-0385 e-mail carolyn.colsher@duke.edu
Mitzi Quint, DHCH Volunteer Services (M, W, F am)
(919) 644-6869 e-mail mitzi.quint@duke.edu
Website dhch.duhs.duke.edu

I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. ----Maya Angelou

And thank you, as always, for everything you do for our patients and families. Carolyn

Mission Statement: Duke HomeCare and Hospice will provide innovative, thoughtful care, using an interdisciplinary team approach, to achieve the best possible outcomes for the patients, families and communities we serve.