



# Duke Hospice Bereavement Services

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## OUR MISSION

The mission of Duke Hospice Bereavement Services (DHBS) is to facilitate a safe and healing grief process for persons of all ages who are adjusting to a loss due to death.



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at your doorstep...*

DHBS is a service of Duke HomeCare & Hospice and offers a variety of community-based bereavement programs both at the Unicorn Bereavement Center and in other public forums throughout the Triangle region.

Our professional bereavement care is available to all members of the Triangle community regardless of ability to pay for services. Donations and memorials from individuals and organizations as well as corporate grants provide primary funding for DHBS. To continue our extraordinary services and exceptional community outreach, DHBS needs your help to fully meet the challenges of the coming years. All support is deeply appreciated.

The Unicorn Bereavement Center is located in an historic farmhouse on 11 beautiful acres in Hillsborough.

Unicorn Bereavement Center  
Meadowlands Corporate Park  
1001 Corporate Drive  
Hillsborough, NC 27278

919.644.6869

[dhch.duhs.duke.edu](http://dhch.duhs.duke.edu)



**Duke HomeCare & Hospice does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment or participation in its programs, services and activities, or in employment.**

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*Here you will find the space to touch the center of your sorrow. Here you will find the freedom to reconnect with yourself and the world around you.*

## Grief Counseling

Grief is about remembering, not forgetting. Grief is a healing process, not a disease. Short-term professional grief counseling helps survivors cope with the impact of grief in their lives and enables them to discover their own inner resources and support networks as they contend with loss. Foreign language translation services are available by special arrangement. Appointments are required.

## Camp ReLEAF

Overnight Bereavement Camp for Youth (Grades K-8th) who have experienced a loss due to death.

Camp ReLEAF offers all the fun of camp while creating a safe place for youth to express and deal with their grief.

Camp ReLEAF is staffed by trained volunteers and DHCH staff members.

## Service of Remembrance

Held twice a year, in the fall and in the spring, DHBS offers a memorial service in the beautiful Carver Gardens located behind the Unicorn Bereavement Center. These services are open to the community and are held to honor the lives and memories of loved ones. No registration is required to attend.



## Bereavement Support Groups

Grief is a normal and natural process of incorporating loss into our lives in a meaningful way. Our bereavement support groups are educational and supportive in nature. They are not intended to be therapy groups.

Participation is limited to one group at a time, though persons may attend sequential groups for up to one year. All groups are time-limited and are closed (meaning the same persons attend all sessions). Registration is required.

## General Loss Groups

Includes those who have experienced the death of a significant person in their lives such as a parent, sibling, spouse, partner or friend.

## Loss Specific Groups

Includes Grieving Families (for children and their surviving caregivers), Loss of a Child, Lifeline (Suicide), Homicide, groups in schools.

## Crisis Services

Sudden, powerful events are called critical incidents. Examples in the workplace and school environment include motor vehicle fatality, suicide, homicide, and other unanticipated casualties. DHBS offers supportive and effective interventions to individuals and organizations that have been affected by a traumatic event.



## Professional Development

DHBS will design professional training in the areas of grief and trauma for corporations, schools, mental health practitioners, crisis-intervention teams, and health care professionals.

## Educational Presentations

DHBS offers enlightening, interactive presentations tailored for civic groups, religious communities, and volunteer organizations for a designated contribution.

## Staffing and Support

The staff of Duke Hospice Bereavement Services are professionally trained in grief and trauma. They are complimented by various DHCH employees and professional volunteers who have been specifically trained in the area of bereavement support group facilitation.

We gratefully acknowledge the following funeral homes for their generous contributions to our bereavement support program:

- American Cremation Services
- Clements Funeral Service, Inc.
- Cremation Society of the Carolinas and Capital Funeral Home
- Hall-Wynne Funeral Service
- Hudson Funeral Home, Inc.
- Rich & Thompson Funeral and Cremation Service
- Scarborough & Hargett Funeral Home, Inc.

The Loss of a Child group is made possible by the generous contributions from family and friends in loving memory of Lily McCoy Voller.

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